

THE CAMPUS COMMUNITY

Academic Support Services

Academic Advising. At Humboldt State, academic advisors play a vital role in a student's education. All new matriculated students are assigned an academic advisor during the first two weeks of classes, and are notified of the assignment via email. With a few exceptions, the advisor is a faculty member in the student's major. Undeclared undergraduate and unclassified post-baccalaureate students have advisors assigned from the Advising Center until they have declared a major, while students participating in the Educational Opportunity Program (EOP) have an EOP advisor assigned for their first academic year in addition to their academic advisor.

All continuing students must meet with their academic advisor before they register to get advice on their academic progress and to discuss schedule plans for the coming term. Students with questions about prerequisites or the best way of sequencing major courses, with concerns about career or graduate school choices, or with other issues involving their academic progress are encouraged to visit their advisor at any time during the academic year. Undergraduates who have reached junior standing should meet with their advisor to initiate a major contract in preparation for applying for graduation, and to discuss plans for their final terms of enrollment. For application for graduation guidelines, see the *Registration Guide* at www.humboldt.edu/oaa/classes.shtml.

Pre-professional advising for admission to health science professional schools (including medical, dental, veterinary, optometry, and pharmacy) is available from designated faculty in our Biological Sciences and Chemistry departments. Please refer to the "**Pre-Professional Health Programs**" on the Preparatory Courses of Study page of this catalog. **Pre-law** advising is also available. For details, visit the Pre-law advising website at www.humboldt.edu/prelaw.

Advising Center. Our mission is to help students explore, choose, advance, and achieve their educational goals by providing counsel and accurate, timely information, and by supporting advising campus-wide. The Advising Center serves as the academic department and advising home for undeclared and first-time freshman business administration majors. Advising Center staff also counsel students on all university

requirements, general education, major/minor exploration, DARS, transferability of courses, petitions to waive or substitute, withdrawal from the university, and how to address grade disputes and grievances. National Student Exchange is also located in the Advising Center. The Advising Center is located in SBS 295 and is open Monday through Friday from 9:00 A.M. - 4:00 P.M. Students may meet with advisors on a walk-in or appointment basis during the Center's hours of operation. We may be reached at 707-826-5224, advise@humboldt.edu, or on Facebook under Humboldt State University Advising Center.

Learning Center. The Learning Center, located in the Lower Library Learning Commons, offers comprehensive services that include learning skills development, tutoring, a math lab, and mentoring. The staff provides support for study and organizational skills such as time management, note taking, test preparation, and college reading. Students can receive aid with standardized test preparation (EPT, ELM, GRE, GWPE), and English language and grammar skills. The Learning Center provides specialized support for students in lower division science courses, including Supplemental Instruction (SI) and other peer support. With assistance from staff, students can obtain a better understanding of their learning strategies, gain insight regarding the demands of specific classes, and can establish individualized academic plans for better performance. For more information, call 707-826-4266, or visit our website at www.humboldt.edu/learning.

The Tutorial Program provides free small-group tutoring for many lower division courses. One-to-one tutoring is also offered for a small fee. Tutors are recommended by faculty, must have earned an A or B in target courses, and attend training. The program also offers nationally recognized tutor certification for students. Call 707-826-5217 for more information.

The **Math Lab**, located in Library 208, is a walk-in support program where students can receive assistance with mathematical problem solving free-of-charge.

The **Latin@ Peer Mentoring** provides peer support, resources, and a network of new friends for freshmen and transfer students who identify with Latin@ culture.

The program is comprised of small classes led by student leaders who have extensive training and knowledge of HSU campus life. Mentoring classes include discussions, presentations, cultural activities, and field trips. For information, call 707-826-4266 or email mentors@humboldt.edu.

Visit the Learning Center Monday through Friday, 8:00 A.M. - 5:00 P.M. and utilize the many services designed to support student academic success.

Office of the Registrar. Students can find information and assistance at the Office of the Registrar. Staff provide help with registration, enrollment verification, applications for graduation, transcript request forms, petition information, and clarification on academic regulations and deadlines. After students have filed an application for graduation, they can make appointments for a degree audit or graduation review with a Transfer & Graduation Counselor by contacting the Office of the Registrar, SBS 133; phone 707-826-4101; email records@humboldt.edu; website www.humboldt.edu/registrar.

Student Support Services. Student Support Services assist those from low-income families who need academic support to complete their education. Priority goes to students whose parents do not have a college degree.

These services, tailored to the needs of the individual, include academic and personal counseling, tutorial help, study skills programs, and assistance with English, mathematics, spelling, and reading. Students may enroll in developmental classes in English grammar and composition, arithmetic, elementary algebra, reading improvement, and vocabulary development.

The U.S. Department of Education funds the program. Call 707-826-4781 or drop by Hadley House 56.

Alumni Activities

The Humboldt Alumni office and the Humboldt State University Alumni Association sponsor activities to promote common interests among alumni and the university. There are alumni gatherings in various regions of the country, and online career services available to both students and alumni. There is also an Alumni Association scholarship. For information, call 707-826-3132 or visit alumni.humboldt.edu.

Upon graduation, your name, address, phone number, major, and class year may be used by Humboldt State's Office of Alumni Relations for development of university-affiliated marketing programs. If you do not wish to have this information used, please notify the Office of Alumni Relations by writing the campus at HSU Alumni Relations, 1 Harpst Street, Arcata, CA 95521.

Art Galleries

The Reese Bullen Gallery and Goudini Gallery, located on campus, and First Street Gallery in Old Town Eureka, bring major exhibitions to the university community and serve as an exhibition space for national, regional, and local artists. Our students regularly exhibit in three on-campus student galleries, all over campus in our annual Sculpture Walk, and in the Reese Bullen Gallery each spring for our annual Juried Student Exhibition.

Athletics (also see Recreation)

Students participate in a wide range of sports through intercollegiate athletics and student clubs. Club sports include, among others, rugby, crew, and lacrosse.

Humboldt's intercollegiate teams have produced many championships over the years. Five men's and seven women's teams compete at the Division II level of the National Collegiate Athletic Association (NCAA). Men's sports include football, soccer, basketball, cross-country, and track and field. Women's sports include soccer, volleyball, cross-country, basketball, softball, track and field, and crew.

Humboldt State University is committed to providing equal opportunities to men and women students in all campus programs, including intercollegiate athletics. Information concerning athletic opportunities available to male and female students and the financial resources and personnel Humboldt dedicates to its men's and women's teams may be obtained from the Athletics Office in the Kinesiology & Athletics Building (707-826-3666) or visit our website at www.hsuajacks.com.

Facilities. Humboldt State has a modern physical education complex with areas for basketball, volleyball, wrestling, dance, yoga, fencing, and archery. Humboldt also offers soccer, softball, and football fields, and a swimming pool. An indoor climbing wall and a modern weight-training facility are housed in the newly-renovated fieldhouse, which also contains a large artificial turf field used for classes, intramural sports, and as an indoor practice facility.

Bookstore

The Bookstore, conveniently located on the University Center's third floor, carries all textbooks and course materials required by HSU students, and in addition offers many cost saving measures such as the Rent-A-Text program and CafeScribe ebooks.

The Bookstore also stocks a varied selection of general books — including local interest and campus authors — HSU imprinted and non-imprinted clothing, gift and athletic items, computer hardware and software, lab, school and art supplies, as well as food, beverage, and sundry items.

The Bookstore operates a full-service post office, has a fax service, and is an authorized Apple Campus Sales Center, providing current HSU students, faculty, and staff with academically priced Apple merchandise.

Visit www.hsu.bkstr.com for more information.

Career Center

The Career Center staff helps students plan careers, find employment, and secure internships and other career-related experience while attending the university. The center also assists new graduates in finding jobs and applying to graduate school. The center is located in Nelson Hall West, Room 130. Visit www.humboldt.edu/career, or call 707-826-3341.

Career Development. The Career Center Professional Staff helps students, both one-on-one and in workshops, learn about themselves, learn about jobs, make career choices, and plan strategies to meet their goals.

Job Search Services. The Career Center helps students find part-time, summer, temporary, work-study, or full-time work. The staff teaches students job-hunting, résumé writing, and interview skills — both one-on-one and through workshop and class presentations. Jobs are posted on *Springboard* at www.humboldt.edu/career; the Career Center's online job board. Students can also sign up monthly on skills lists for temporary short-term jobs in the community. Employers from business, industry, government, and education visit campus to interview candidates as well as attend the annual Career Expo.

Internships & Career-Related Experience. All students are encouraged to gain experience in their desired career fields while earning money or academic credit. Positions are offered throughout the school year and during the summer. The Internship Peer Advisor (IPA) student staff regularly offer

workshops and one-on-one appointments to assist their peers in attaining internships.

Career Resources Room. Here students will find:

- computer lab for developing résumés and cover letters
- Internet access for electronic job searches, locating occupational information and researching employers
- occupational and career materials for a range of majors, as well as information about the employment outlook and trends in the labor market
- directories and other guides to help students as they research career options, graduate/professional schools, and seek jobs and internships.

Center for Indian Community Development

The Center for Indian Community Development (CICD) has been an essential HSU outreach service to American Indian communities since 1966. CICD has developed, promoted, implemented, and collaborated on hundreds of projects with HSU's Tribal stakeholders. Its staff and resources are dedicated to Native community achievements on campus and directly within Indian Country. Support areas include education, language revitalization, community development, cultural activities, research, and policy development. CICD continues to promote and foster common goals between the university and its American Indian constituents. To contact CICD, call 707-826-3711, email cicd@humboldt.edu, or visit us on campus in the Behavioral & Social Sciences Building, Room 148.

Child Care

The **Children's Center** provides a care and education program for toddlers and preschool children. Priority is given to university students' children. Children of university staff members are welcomed on a space-available basis. Fees are based on parental income. Call 707-826-3838 or drop by Jensen House 94.

The **Child Development Laboratory** offers an educational program for preschool children of students, staff, and community residents. Child development majors (and others) observe the children and serve as student teachers. Call 707-826-3475.

Community Service

A variety of Humboldt State programs present opportunities for direct community involvement. Community service, through the

vehicle of service learning, helps prepare for citizenship as well as a career.

Service opportunities with substantial academic content may carry academic credit. Many departments have fieldwork requirements and well-defined internships. The Career Development Center lists internships and volunteer jobs.

The **Service Learning Center**, located in Nelson Hall West 139, coordinates efforts to incorporate service learning into the curriculum at Humboldt State University. Service learning is more than just community service; it is a specific pedagogy that unites formal academic coursework with high quality service that answers a community-identified need. The partnerships built between community, students, and faculty are reciprocal, meaning shared responsibility and gain. This process of experiential learning and community building includes academic coursework, directed service, and guided reflection that, taken together, deepen the experience for all partners. The Service Learning Center manages three integrated programs: the Service Learning Faculty Development program, the Service Learning Community Partners program, and the Service Learning Student Interns program.

The *Service Learning Faculty Development* program supports the growth of service learning pedagogy across all academic disciplines with ongoing faculty development workshops, guest speakers, classroom presentations, matches with specific community partners, training opportunities, and a service learning resource library. The growing number of Service Learning Faculty Fellows in each of the university's colleges reflects HSU's strong commitment to the theory and practice of service learning pedagogy.

The *Service Learning Community Partners* program facilitates community and campus collaboration, addresses community-identified needs, and builds community capacities. The Service Learning Center sponsors two campus-wide Community Agency/Volunteer Fairs each year, hosting dozens of local community organizations on the HSU campus to meet with students looking to volunteer or connect with a community partner for a service learning course. The Volunteer Fairs are held within the first few weeks of each semester to allow students in service learning courses (and faculty members teaching these courses) to identify the best partner for their particular project.

The *Service Learning Interns* program develops student leadership skills by allowing

students to facilitate campus and community partnerships while promoting civic engagement. Service Learning Interns support a range of activities across the "continuum of service" at HSU, from organizing food and volunteer drives to facilitating classroom reflections on issues of community service, civic engagement, and social justice.

Additionally, the Service Learning Center is the campus sponsor of the annual *HSU Day of Caring*, which mobilizes more than 500 students, staff, faculty, administration, and community members to participate in a half-day of service at more than 30 diverse sites and organizations in our local communities. The HSU Day of Caring takes place on a Saturday in mid-September, and it is an inspiring day of community connection, often leading to deeper levels of community involvement for students.

Youth Educational Services (YES) offers leadership and volunteer opportunities through student-directed programs addressing social issues and under-met needs in the community. These programs serve children, youth, seniors, isolated cultural communities, homeless families, and the environment.

YES trains students to become community advocates and organizers, giving them the knowledge, skills, and service learning experience to participate in their community with positive effects.

YES can offer practical experience which:

- complements classroom learning;
- offers an avenue for leadership;
- gives the chance to initiate a community-based project;
- fosters respect for human diversity;
- provides an opportunity to volunteer in a career field;
- offers management experience helpful in a job search following graduation.

Volunteers serve an average of four hours each week. For information, visit Youth Educational Services, Hagopian House 91, call 707-826-4965, or visit www.humboldt.edu/yes.

Clubs & Organizations

Over 150 clubs and organizations allow students to pursue a variety of activities. The average Humboldt student is involved in two or more. For a complete listing and further information, go to www.humboldt.edu/clubs or call the Clubs Office in the University Center at 707-826-3776. For recreation/sport clubs, go to www.humboldt.edu/kra or call 707-826-6011.

Computers (see Resources for Research)

Counseling & Psychological Services (CAPS)

Counseling services are available for regularly enrolled HSU students, international (IELI) students, and under certain circumstances (e.g. for couples therapy), the non-student partner/spouse of an HSU student. For an initial ("first-time") appointment, students can simply schedule a "same day" assessment appointment by phone or in person. These initial meetings are scheduled on a "first-come, first-served" basis, so contacting us shortly after we open (8:00 - 9:00 A.M.) is the best way to assure a same-day slot. These 30 minute sessions may lead to further counseling at CAPS, participation in a CAPS therapy or support group, and/or to helpful on- and/or off-campus referrals.

For emergencies (such as having the intent to commit suicide or the experience of a recent trauma), CAPS has an on-call therapist available during all open hours. For emergencies that occur when CAPS is closed (e.g. evenings and weekends), students should call 911 for University Police and/or 707-445-7715 (crisis line of Humboldt County Mental Health). CAPS services include:

- Emergency intervention and urgent care
- Individual, couples, and group therapy
- Psychoeducational workshops
- Consultation
- Assessment and referral

For regularly enrolled students, CAPS services are paid for by the mandatory health and counseling fee. There is a \$20 fee for missed appointments and late cancellations. IELI students and the non-student half of a couple (seeking couples therapy) will be charged \$30/session. Counseling services are confidential. Call 707-826-3236 or come to the office (Student Health & Counseling Center, Room 205, second floor) during open hours (9:00 A.M. - 4:30 P.M.). Bring student ID card. For additional information and resources (including self-help material, website and book recommendations, community referrals, etc.), visit our website at www.humboldt.edu/counseling.

Dining Services

Dining services at Humboldt offer students, faculty, and staff a number of options to satisfy their dining needs.

The **Jolly Giant Dining Commons** ("the J") serves as the main dining facility for students living in the residence halls. Service

is cafeteria style for breakfast, lunch, and dinner from Monday through Friday, and brunch and dinner on weekends. Special efforts are made to meet diverse student needs: vegetarian and vegan entrées at every meal, a build-your-own salad bar, fresh fruit, desserts, and a variety of snack items.

In addition to the J, **The Giant's Cupboard**, a convenience store located in the Jolly Giant Commons, is open seven days a week. The Cupboard offers numerous beverages and snack items, frozen foods, sandwiches, and food staples.

The Depot, a food court setting, serves the main campus as well as resident students. The Depot offers made-to-order sandwiches, a Mexican burrito bar, salad bar, pizza, assorted bottled and fountain beverages, burgers, fresh soups, wraps, espresso, and specialty coffees. Several local products are featured at The Depot.

Windows Café offers full table service and a salad bar, and is open Monday–Friday at lunchtime. The menu highlights local favorite recipes and products.

College Creek Marketplace is a mini grocery store located at the corner of Harpst and Rossow Streets. College Creek Marketplace offers pizzas, broasted chicken, made to order sandwiches, salad and fruit bar, snacks, coffee, espresso, and other beverages, as well as school and test supplies for students.

The **Hilltop Marketplace** is a convenience store located next to the Behavioral & Social Sciences Building and offers a variety of beverages and snacks. Please stop in and see the view out our window!

The **Library Café**, part of HSU's Learning Commons, provides a modern café setting for those studying in the library. The café serves hot beverages (including tea, coffee, and espresso), fresh snacks, salads, and sandwiches. The relaxed atmosphere includes a variety of seating options — from sofas to stools — where students can relax, study, recharge their cell phones or laptops, and enjoy wireless Internet access.

Meal Plans. Students living on campus (with the exception of Creekevew, Campus Apartments, and College Creek) are required to purchase a meal plan. Three options provide flexibility to accommodate individual needs. All plans are à la carte, which means students pay only for what they eat. Purchases are electronically deducted from a student's account using his/her ID card.

Each meal plan contains a different amount of meal points that can be used at any of

our campus dining operations. This provides students maximum flexibility with their meal plans. Students living off campus may also purchase meal plans.

For answers to questions about any of the dining services or meal plans, call 707-826-3451 or email director Ron Rudebock, rlr4@humboldt.edu; or visit our website at www.humboldt.edu/housing/dining.

Disability Resource Center, Student (SDRC)

The **Student Disability Resource Center (SDRC)** provides service, support, and resources for students with disabilities to maximize educational opportunities at Humboldt State University. We serve both permanent and temporary disabilities and can offer a variety of reasonable accommodations and academic adjustments to meet the access needs of qualified individuals. To learn more about our program and to see if you may be eligible for reasonable modifications, please contact the Student Disability Resource Center located in the Learning Commons, Lower Library, or call us at 707-826-4678, 707-826-5392 (TDD), 707-826-5397 (FAX). Our website is www.humboldt.edu/disability.

Dormitories (see Housing)

Exchange Programs

You may be eligible for financial aid while participating in an approved exchange program. Arrangements must be made with the Financial Aid Office prior to departure.

National Student Exchange. Experience life from a different educational, cultural, or geographical perspective through the National Student Exchange program. Students apply to any of 190 participating colleges and universities across the nation. Students on exchange do not pay out-of-state tuition.

Consult an academic advisor before applying. Students must be enrolled full-time and have at least a 2.5 GPA to apply. For a list of participating universities, please contact Charlotte August, Interim NSE Coordinator, at 707-826-5223, august@humboldt.edu, or in the Advising Center (SBS 295). Priority application deadline is mid-December and final application deadline for the following year is February 25.

Intrasystem Enrollment Programs. See Admission Information section.

Study Abroad Programs & California State University International Programs. See "Study Abroad Programs."

Extended Education

Open University. Enrollment through Open University allows one to sample regular university courses, get a head start on college while still in high school/ community college, continue education while establishing residency, or renew student eligibility.

Participants select courses from the regular schedule of classes and complete an extended education registration form. If space is available at the first class meeting, they have the instructor and departmental office sign the form, then return the form and pay the fees at the Extended Education Office (Student & Business Services Building, Room 211.)

Humboldt's undergraduate programs accept up to 24 units; graduate programs up to eight units. Open University is not available to matriculated students (those officially admitted to and eligible to register at HSU during the current semester or the previous two semesters). Also, regularly enrolled students who are academically disqualified from HSU are not eligible to enroll in coursework through Extended Education for the academic year.

The **Extended Education Office** offers (with no admission requirements) courses and programs for professional and personal development, for meeting professional licensing requirements, or for maintaining health and physical conditioning. Some Extension courses are available for optional academic credit, others are offered on a non-credit basis. Most courses are taught live, but some are available online.

Courses range from teacher skill enhancement to organic gardening, from music to computers, from Travelearn to a foreign language. Register and pay fees at the Extended Education Office, Student & Business Services Building. For the coming semester's *Extension Bulletin*, call 707-826-3731.

Financial Aid (see Fees & Financial Aid)

Government, Student

Associated Students. A student who pays the student body fee is a voting member of the Associated Students (AS) and is eligible to hold office in student government, serve on university committees, participate in club activities, and receive student discounts.

Students are represented by the Associated Students Council (ASC). Its members include three representatives from each of Humboldt's three colleges, one at-large represen-

tative, one all-university representative, and a graduate student representative. Terms are for one year. Each spring, students elect the 12 representatives, a president, and three vice presidents. The ASC is committed to “furthering the educational, social, and cultural interests of Humboldt students, as well as ensuring the protection of student rights and interests.”

One chief ASC responsibility is administering the annual budget, derived from student fees. More than 20 programs receive funds from the Associated Students, including the Campus Center for Appropriate Technology, the Marching Lumberjacks, the Children’s Center, club support, drop-in recreation, and the MultiCultural Center. ASC also provides travel funds and grants to recognized clubs for on-campus events.

The ASC meets regularly in open session. To become involved, drop by the Associated Students office in the South Lounge of the University Center; call 707-826-4221, or visit us on the web at www.humboldt.edu/associatedstudents.

Serving on Committees. Thirty-nine university committees have students as voting members. To serve on a committee, contact the AS office early in the academic year. The *Committee Handbook*, published by the AS, lists committee openings.

Health Services

The **Student Health Center** is an accredited outpatient clinic staffed by physicians, nurse practitioners, and other health professionals who provide basic health care services to currently enrolled students.

Services available include:

1. Diagnosis and treatment of acute illness and injuries;
2. Reproductive health services;
3. Immunizations;
4. Health education;
5. Pharmacy, laboratory, and X-ray;
6. Limited elective services, such as psychiatric consultation, physical examinations for employment and participation in athletics and travel abroad (added fees for these services);
7. Referral to outside medical specialists and facilities for complex and chronic health problems;
8. Nurse Response, an answering service for after-hours medical advice (866-724-5057).

Services not available include: dental and vision care and long-term care of chronic illnesses and conditions (such as psychiatric care).

The Health Center *strongly recommends* that students have supplemental **health insurance** for services beyond the scope of the Health Center, such as emergency room care, ambulance service, hospitalization, and outside specialist care. A student insurance plan is available through the Associated Students Business Office (707-826-3771). Students who do have insurance are advised to check with their carriers to determine the coverage of their plan while they are at HSU.

Immunizations. Measles and rubella (MR, MMR) and hepatitis B immunizations are available at no charge to eligible students who are required to have these immunizations as a condition of enrollment (see “Immunizations & Health Screening” in the Admission Information section).

Emergency. In case of emergency when the Health Center is closed, there is a hospital approximately two miles north of campus with a 24-hour emergency room. Call 911 for emergency services.

Chronic Conditions. Students with chronic physical or psychiatric conditions, such as ADHD, are strongly advised to obtain local care (if necessary) prior to coming to campus, as these services are limited in the community and not available on campus.

Housing

On-Campus Housing. Humboldt State University is a residential campus. Most Humboldt students come from long distances, and many reside on campus their first and second years.

Life on campus is much more than studying, eating, and sleeping. The residence halls offer a place to live and learn, make lifelong friendships, and experience community living. Students get involved in social and educational programs, serve in leadership positions with the residence hall student government, and participate in special living communities.

Benefits of living on campus are numerous. Studies show that students living in residence halls get better grades, are more active in academic activities, and have a higher graduation rate than the general university population. Another benefit is convenience. Campus residents don’t have to spend time shopping, preparing meals, or commuting to school, and they are close to resources such as the library, recreational facilities, and

classrooms. Living on campus is a great way for students to begin their academic careers.

Humboldt’s facilities, located in a spectacular natural setting, consist of six different residence hall living areas. Each is unique and provides various options for individual styles and personal preferences. All rooms are equipped with computer connectivity and each student may connect to the Internet via the campus’s computer network or wireless access.

Redwood and Sunset Halls, known as “The Hill,” are traditional residence halls. Each of the three-story buildings houses 225 students in double, single, and triple rooms.

The **Canyon** consists of eight separate buildings, each three stories and home to about 50 students. There are doubles, singles, triples, and four-person suites.

Cypress Hall is a series of suites built up the slope of a hillside. Each suite houses 7-12 people in double and single rooms and has a common bathroom, living room, and small kitchen.

Creekview Apartments consist of four three-story buildings, each home to 12 apartments. Each apartment houses 5-6 students in double and single rooms and has a kitchen, living room, and bathroom.

The **Campus Apartments** are home to 175 students in a four-level complex. Each apartment has two rooms with private entrances that share an adjoining kitchen. Rooms house either one or two residents and have private bathrooms.

College Creek is located on the southern side of campus and includes a community center and convenience store, lounge, and four apartment buildings housing 430 students. Four to six students live in each apartment in double or single rooms with two bathrooms, kitchen, and living room.

Each residence hall room comes equipped with a bed, mattress pad, desk, chair, dresser, carpet, wastebasket, recycling container, and window covering. Each room is wired for telephone service, which may be arranged with AT&T. Small refrigerators and microwave/refrigerator units are available for rent during the academic year. Students must provide their own linens, towels, pillow, blankets, study lamps, and personal items.

Students living in the residence halls (with the exceptions of Creekview, Campus Apartments, and College Creek) are required to purchase a meal plan (see “Dining Services”).

What does it all cost? The following rates are estimated amounts for the 2012-2013 academic year. Rates will be finalized and posted online in February.

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|-------------|-------------------|
| Single room | \$6,720 - \$7,245 |
| Double room | \$5,430 - \$5,850 |
| Triple room | \$3,720 |
| Meal plans | \$4,070 - \$5,570 |

Applying for on-campus housing is easy!

The housing application process begins the first week of March for the upcoming academic year. It begins in late October for the spring semester only. Housing will send an email to all admitted students when the online application is available. Students will then log into their MyHousing account at myhousing.humboldt.edu and complete the online application that includes a required reading section, housing preference and profiles, the Housing + Dining License Agreement, and initial payment. More information on the housing application process is available online at www.humboldt.edu/housing. For additional information contact Housing, 355 Granite Ave., Arcata CA 95521, call 707-826-3451, or email housing@humboldt.edu.

Off-Campus Housing. Most off-campus students live in Arcata. Housing provides information and links to online listings of available local housing at www.humboldt.edu/housing/offcampus.

Indian Natural Resource, Science & Engineering Program (INRSEP)

The Indian Natural Resource, Science and Engineering Program (INRSEP) is a student support program designed for American Indian, Alaska Native, and Native Hawaiian students pursuing degrees in the natural resource and science disciplines. For more information, please see the INRSEP description on page 149.

Indian Teacher & Educational Personnel Program (ITEPP)

The Indian Teacher & Educational Personnel Program (ITEPP) provides specialized academic and career advising, professional and peer mentoring, computer access and support, and tutoring services in a culturally appropriate homelike environment for students in a variety of academic majors. For more information, please see the ITEPP description on page 149.

International Study (see Study Abroad Programs)

Intramural Sports

Humboldt State's intramural sports program provides recreational leagues and activities Monday through Thursday evenings and Sunday afternoons on the HSU campus. The goal of our program is to provide a wide variety of leagues and activities to suit the skill levels of all university students. Participation in the program allows students to meet new people, learn new sports, test one's physical ability, and just have fun. Sports include softball, flag football, volleyball, basketball, and soccer. Special events include disc golf, softball, and badminton tournaments. We also provide drop-in activities (sponsored by Associated Students) such as lap swimming, kayak roll sessions, badminton, soccer, volleyball, and basketball. All intramural activities are free for full-time HSU students (faculty and staff pay a fee). For more information, please call 707-826-6011.

MultiCultural Center

The MultiCultural Center (MCC) is a student-centered program that honors and celebrates the diversity of people. It is a dynamic learning community where students, faculty, staff, and community members are empowered to cross boundaries, challenge the status quo, break through stereotypes, and work for social justice.

Often referred to as a "home away from home," the MCC is located on the south side of the Library in the historic Balabanis family home (House 55). The MCC is a welcoming and safe place where students can find opportunities to:

- explore identity and history;
- experience cultures and traditions;
- build community and network;
- express feelings and ideas; and
- empower and educate each other to work for social justice.

For more information, call 707-826-3369 or visit our website www.humboldt.edu/multicultural.

Music

The Music Department presents active and varied seasons of concerts and recitals. Performance groups include the Humboldt Symphony, Symphonic Band, Jazz Orchestra, Chorale, University Singers, Madrigal Choir, Mad River Transit (vocal jazz), Opera Workshop, Percussion Ensemble, Calypso Band, and Jazz Combos. Audiences also enjoy student recitals and a faculty artist concert series.

Natural History Museum

The HSU Natural History Museum is a learning laboratory for students interested in any of the many facets of museum work. Located three blocks from campus at 1315 G Street, the museum houses a magnificent fossil collection and regional natural history displays. The fossil exhibits cover the Precambrian period to the Present.

The regional natural history exhibits include Redwood Forest ecology, native bees, biodiversity, rocks and minerals, insects, and marine life. Many hands-on exhibits make the museum a popular destination for all ages. The museum also houses the Museum Store, which carries many nature-related books and gifts.

Humboldt State students from majors including biology, geology, wildlife, anthropology, elementary education, environmental management & protection, art, journalism, and business, gain experience at the museum. They are involved through volunteering, internships, teaching youth programs, special projects for course credit, and artwork for publications and exhibits among other jobs. Many HSU students are trained as education interns to lead programs for visiting school groups.

Humboldt opened the Natural History Museum in 1989 thanks to a generous gift by Wells Fargo Bank. The museum and its store are open to the public Tuesday through Saturday, 10:00 A.M. to 5:00 P.M. Visit the museum website at www.humboldt.edu/natmus to see museum news and upcoming activities and events.

Ombudsperson

If there's a problem a student can't work out with an instructor or staff member, the ombudsperson serves as an impartial mediator to settle disputes. Students should try to resolve conflicts by talking with the instructor (or staff member) and then, if necessary, discussing the problem with the department chair or college dean.

If a problem remains unresolved, the student may contact the ombudsperson. Advisors or department heads provide the name and phone number of the ombudsperson. Students may also contact the Vice President for Student Affairs.

Orientation

The Humboldt Orientation Program (HOP) is a required, on-campus program for all new students. HOP welcomes students to the campus and surrounding community and provides a strong foundation for a success-

ful experience at HSU. Orientation is offered prior to the start of the fall and spring semesters and is available in an online format for eligible transfer students.

During HOP, new students work together in small groups led by peer counselors in order to become more familiar with the campus, its resources, and each other. Peer group sessions orient new students to academic regulations, degree requirements, and to the registration process. Students also meet with faculty and staff who assist them with academic advising and schedule planning.

Families of new students are encouraged to attend the HSU family and guest orientation which offers support to families during students' transition to college. Campus tours, receptions with HSU representatives, and special workshops are available to those who choose to register.

Detailed HOP information is sent to all admitted applicants. Further questions may be directed to the HOP office at 707-826-3510, or online at www.humboldt.edu/orientation.

Parking

Many students, living on campus or off, get around without a car. Because parking is at a premium, commuting to campus is often easier for those who walk, bicycle, or ride the bus.

Except for parking meters, campus parking requires a permit, purchased by the semester or the day. See Fees at Humboldt State University for dollar amounts.

Visitors may obtain a parking permit from the drive-up window service at the Parking Booth located on the north end of Rossow Street. Parking permit dispensers are also located in the parking lots at Harpst and Rossow Streets, 14th and Union Streets, JGC lot, and 17th and Union Streets. One additional permit dispenser is located in the Library parking lot but doesn't begin operating until 4:30 P.M., as this is a "Staff Only" lot until 5:00 P.M. Semester-long parking permits for motorcycles and mopeds are only one quarter of the cost of automobile permits.

Performing Arts (also see Art, Music, or Theatre, Film, and Dance)

CenterArts, Humboldt State's performing arts presenter, is hailed as the region's most exciting arts organization. People on the North Coast can fill their nights with the inspiration and excitement of live music, theatre, and dance.

High quality professional performances by nationally-recognized artists encompass the

classical, the traditional, the contemporary, and the experimental. World-class entertainers such as Lyle Lovett, Jane Goodall, Maya Angelou, Wynton Marsalis, and Stomp have performed and given workshops for students and the public. Students receive discounted tickets, opportunities to meet the performers, and the rare experience of enjoying urban arts experiences in a rural setting.

CenterArts (www.humboldt.edu/centerarts) publishes an annual brochure describing the season's selection of art events. Newsletters and calendars are mailed throughout the year. To join the mailing list, call 707-826-4411.

Community Events. Humboldt County is rich in cultural activity, with performances and exhibits throughout the county each month. The Dell'Arte Players, an international touring company, is based in nearby Blue Lake. Community actors have established theatre companies in Arcata, Eureka, and Ferndale. Local musicians play to fans of classical, rock, jazz, and folk music, while art exhibits, craft fairs, and cultural festivals abound year round.

Police, University

Humboldt State's University Police strive to maintain a safe and secure environment for the Humboldt State community 24 hours a day, 365 days a year.

The professionally trained staff protects life and property. They oversee crime prevention, multihazard emergency planning, general security, and parking administration and enforcement. Their duties also include criminal and traffic investigation, law enforcement, escorts of valuables and equipment, reporting of safety hazards, assistance to motorists, and assistance to other law enforcement and social service agencies.

Crimes and incidents posing threats to the campus community are communicated by way of electronic messaging and web-based communication, crime alert bulletins posted throughout campus, the campus newspaper, the campus radio station, newsletters, and through appropriate meetings. The Crime Awareness and Campus Security Act of 1990 established a minimum standard for disclosure of crime statistics, found in The Fine Print section of this catalog.

Publications

The award-winning student newspaper, *The Lumberjack*, is published weekly by students. Students in any major may learn

journalism, editing, photography, layout/design, and advertising by working on the paper. *The Lumberjack* also publishes an online edition each week. University credit is offered along with practical experience.

The Lumberjack has won more than two dozen California Newspaper Publishers' Association awards in the past 20 years, including being named best college newspaper in the state six times. It has also won several Society of Professional Journalists awards.

Osprey magazine, published each semester by students in journalism, includes feature-length articles on various subjects and color or black-and-white photography.

English students annually publish *Toyon*, a high-quality book of the poetry and prose of student and community writers. It includes occasional photos and drawings plus the winner and other entries in the annual Raymond Carver Short Story Contest (honoring an alumnus and one of America's great short-story writers).

Campus achievements, alumni updates, and more are featured in the award-winning *Humboldt* magazine, published twice each year by University Advancement. It is mailed to alumni, students, faculty, and staff.

Center Activities Magazine, printed every semester, is a comprehensive catalog of recreation and leisure programs offered through Center Activities. For a free copy call 707-826-3357.

The Humboldt Journal of Social Relations is a nationally-refereed interdisciplinary journal. The journal offers access to and involvement in current social science research. Recent issues have focused on world-systems analysis, international race relations, emotions, and criminology. Upcoming issues will contain research on African American and Native American status in contemporary America, Chicano labor studies, international conflicts and peace negotiations, and the AIDS epidemic.

Radio

KHSU-FM. Humboldt State provides regional broadcast service to the Redwood Coast through its public radio station, KHSU-FM.

Since its small beginnings in 1960, KHSU has evolved into a major broadcast facility, providing service from northern Mendocino County to southern Oregon. The station is acclaimed for its diversified programming: talk shows, news, overseas reports, debates, radioplay dramas, and music ranging from classical to rock.

Newcomers to the area are pleased to find many of their favorite programs from National Public Radio and other national programs in the fine arts and public affairs. KHSU also broadcasts a wide variety of programs locally produced by staff, students, and volunteers (involving the coordinated activity of over 130 people). Programs are selected on the basis of quality and service to the community. Programming standards reflect a continuing commitment to excellence in public broadcasting.

KHSU-FM helps Humboldt pursue its goals of academic excellence by providing training facilities, internships, and on-air experience for students. Professional staff serve as guest lecturers and work side-by-side with students in practical situations.

KHSU-FM, 90.5 MHz, is licensed to Humboldt State University and affiliated with National Public Radio, Public Radio International, The National Federation of Community Broadcasters, California Public Radio. Studios are on the third floor of the theatre arts building. Offices are in Wagner House 73. A live Internet audio stream is available at www.khsu.org.

KRFH-AM. The campus carrier-current station, KRFH-AM 610, fully prepares students to apply mass communication principles, regulations, laws, and personal skills in radio. Entirely student operated, KRFH offers an additional outlet for journalism students to present radio newscasts and public affairs programming. KRFH students also program for, and participate in, KHSU.

Recreation

Center Activities. This University Center program offers a variety of recreational opportunities and services for the university community including the Student Recreation Center, the Humboldt Bay Aquatic Center, outdoor adventures, aquatics programs, certification courses, and leisure activities.

The HSU **Student Recreation Center** offers a full range of fitness equipment, weight training facilities, an indoor climbing wall, and a large multiuse indoor turf field. Detailed information on hours of operation, policies, and fees are available online at www.humboldt.edu/src.

The **Humboldt Bay Aquatic Center** is located next to the Adorni Center on Eureka's waterfront. The Aquatic Center's purpose is to provide recreation and education opportunities for the HSU campus & local community and to host various events which

will enrich the opportunity for off-campus activities. Programs include boating safety classes, Extended Education classes, special events, Center Activities leisure and aquatic classes, after-school programs, an aquatic based environmental education program. It is also the on-water headquarters for the HSU Intercollegiate Rowing team. More information is available at www.humboldt.edu/hbac.

The **Center Activities Outdoor Center**, located in the University Center's South Lounge, is open Monday through Friday. The Outdoor Center includes course registration services, an equipment rental department, consignment area, an outdoor resource/reference library for outdoor activities on the North Coast, and concession area.

The **Outdoor Adventure and Aquatic Programs** offer seasonal classes in backpacking sailing, kayaking, surfing, as well as various other outdoor activities. These experiential outings take place in our local mountains and waterways. The services provided by Center Activities are designed to foster student interest and involvement in Humboldt County's outstanding outdoor recreational opportunities. No experience is required for most activities unless otherwise listed. Whether one is a beginner or an experienced outdoors person, Center Activities has an adventure for you. These courses provide an opportunity to meet new friends, learn new skills, and have lots of fun. Center Activities can provide assistance with planning group outings for interested groups or clubs. Activity choices include rafting, surfing, sea kayaking tours and rock climbing adventures. Group rentals are also possible.

The **Leisure Activities** program offers music, dance, self-development, language, martial arts, and skills acquisition, to name a few. The leisure activities offered are intended for personal enrichment and skill acquisition. A variety of programs are offered which accommodate many interests and skill levels. Certification courses include EMT-I, Wilderness First Responder, CPR and First Aid, and Swiftwater Rescue.

For a complete listing of classes and services, please call 707-826-3357 or visit us online at www.humboldt.edu/centeractivities.

Intramurals and Sports Clubs. Students can get involved on campus and meet new people by joining other students on intramural recreational sport teams in volleyball, basketball, soccer, softball, and football. Also, if you are interested in more competitive

sports, try our sports club program that offers lacrosse, rugby, crew, and ultimate to name a few. The Recreational Sports Office is in the Student Recreational Center (SRC), Room 172. Call us at 707-826-6011 for our current semester schedule.

Recycling

The **Waste Reduction and Resource Awareness Program (WRRAP)** is a student-led organization funded by the Associated Students that provides opportunities for students interested in waste reduction to educate the campus community on consumption reduction.

WRRAP has five main programs that serve the campus. The Compost Demonstration Site allows students to learn through hands on experience how composting works. The Reusable Office Supply Exchange (ROSE) Program provides the campus with an alternative disposable of office supplies which are made available to departments and students in need of office and school supplies. The Zero-Waste Program is available to help make events on the HSU campus zero-waste by collaborating with dining services to divert waste from landfills and to provide reusable place settings. The Take Back the Tap Program is a student-led campaign that opposes the privatization of water, particularly the bottling of water and its negative environmental, social, and health impacts. The Education Program produces educational events on campus including the Clothing Swap, Trash Mountain, and Donation Dash.

WRRAP is located in Warren House #53. To learn more about the program, please visit the website (www.humboldt.edu/wrrap) or call 707-826-4162.

Reentry Services

More and more college students are not entering right out of high school. Over one third of Humboldt's student body is 25 or older. Humboldt is well prepared to assist non-traditional students in their college experience.

Already-enrolled reentry students should seek the guidance of the advisors assigned from within their departments. They can also obtain advice from the university's Advising Center in SBS 295, 707-826-5224.

Residence Halls (see Housing)

Resources for Research & Study

Arcata Marsh & Wildlife Sanctuary. At the edge of Humboldt Bay are 229 acres of city- and state-owned sanctuary with an interpretive center that benefit students in wildlife, biology, environmental resources engineering, botany, fisheries, and natural resources interpretation. Projects at the site include: a cogeneration system using methane digesters; natural wastewater treatment processes; and an aquaculture program devoted to riparian and wetland restoration and to rearing salmon, trout, and oysters in treated wastewater.

Art Foundry. The university's art foundry is one of the largest on the West Coast. Almost 4000 pounds of bronze is poured each year. With each event, crowds gather to watch the fascinating molten flow. Students in the metal sculpture program learn sand mold and ceramic shell techniques for the lost-wax process of casting bronze or aluminum sculptures. The foundry offers excellent metal sculpture equipment, including welders and cutters for metal fabrication. Humboldt's broader sculpture curriculum encourages creativity through a variety of materials, including laminated paper, stone, plastics, wood, and found objects.

Biological Sciences Greenhouse. Humboldt State's splendid greenhouse contains plant specimens from more than 175 families — one of the most diverse collections in California. Individual rooms, ranging from a desert room to a fern room, offer students a unique opportunity to study the world's plant life in one setting.

Chemical and Molecular Dynamics Laboratory. Students find modern research opportunities using vacuum technology, techniques in mass spectrometry, and the interaction between light and matter to probe fundamental physical chemistry. Students will have research opportunities using a hands-on approach through construction and design of modern equipment under the supervision of a faculty member. Student presentations of research results, typically at national conferences and meetings, will be highly encouraged.

Committee for the Care and Use of Laboratory Animals. The Animal Welfare Act (AWA) and Animal Use Regulations require that institutions that receive federal funds and conduct research or educational activities involving the use of vertebrate animals (i.e. fishes, amphibians, reptiles, birds, and mammals) must establish an Institutional Animal Care and Use Committee

(IACUC). The IACUC's role is to ensure that vertebrates are treated humanely following the AWA and the principles outlined in the *Guide for the Care and Use of Laboratory Animals* published by the National Research Council. Faculty and students who wish to conduct research or educational activities involving vertebrates must submit an IACUC protocol for review. Upon approval by the IACUC, investigators or educators may initiate their project. Facilities that hold vertebrate animals in captivity for research or education are inspected twice each year by the IACUC. Individuals with concerns over animal care and use issues for vertebrates associated with campus research or instruction should contact the Office of the Dean, College of Natural Resources and Sciences.

Committee for the Protection of Human Subjects in Research. Humboldt State supports an Institutional Review Board (IRB) in compliance with federal regulations to enable students and faculty to conduct research using human subjects. The IRB's function is to protect research subjects, including student volunteers, from risks of physical, psychological, or social harm. The IRB promotes the human rights and dignity of research subjects by providing voluntary, informed consent and risk/benefit analysis of research proposals. All research involving human subjects must be reviewed and approved for safety before recruitment of subjects may begin.

Human subjects research includes, among other categories, surveys, interviews, observations of public behavior, psychological research, social research, and physiological research. This applies to all research conducted at Humboldt State, using university facilities, by employees, students, or other persons otherwise affiliated with the university, or using university employees or students as subjects. This policy applies to the university and its auxiliaries. For further information, please contact Thomas "TK" Koesterer at 707-826-5967 or irb@humboldt.edu.

Human Subject in Research training is available through CITI, and is required for all individuals included on an IRB Application for Review.

Computer Access. Students can access HSU computers from numerous sites on campus. Interdisciplinary labs have Macintosh and/or PC computers, and are available for use by classes, students, and faculty. These labs offer a large suite of industry-standard software applications, plus programming languages and databases. In addition, many academic departments have

computer labs that offer software specific to their discipline.

The HSU Virtual Lab (VLab) allows access to some on-campus software from on- or off-campus, some of which can be streamed to both HSU and personal computers and devices. The VLab software library is compatible with Windows, Macintosh, and Linux, as well as popular mobile devices.

All HSU students are provided personal email, file storage, and Web accounts on the campus network. A Technology Help Desk is available for walk-in (Library 120), call-in (707-826-HELP), email (help@humboldt.edu), and web form (www3.humboldt.edu/ditss/itsticket) support. Wireless network access is available across most of the campus.

Dunes Preserve. Students find instructional and research opportunities in a protected ecosystem at the 300-acre Lanphere Dunes Preserve, part of the Humboldt Wildlife Refuge. The dunes, bounded by the Pacific Ocean and the Mad River Slough, contain rare natural habitats of the California coast.

Earthquake Education. Students and faculty working with the Humboldt Earthquake Education Center take an active role in studying local and regional earthquakes. Both science and nonscience majors help prepare and disseminate information through publications, workshops, the Humboldt Earthquake Hotline, 707-826-6020, and the Internet at www.humboldt.edu/shakyground.

Energy Research Center. The Schatz Energy Research Center develops technologies for a clean and renewable hydrogen economy. These technologies include making hydrogen from solar energy (solar electrolysis) and regenerating electricity from hydrogen (in fuel cells).

SERC's fuel-cell power systems, among the most successful in the country, allow the use of solar energy even when the sun doesn't shine. They are safe and clean — their only by-product is pure water — and their electricity can power vehicles, appliances, or even homes or businesses. The lab has produced the world's only solar hydrogen/fuel cell facility as well as America's first fuel cell-powered car.

The Schatz Energy Research Center was founded in 1989 with a generous grant from Dr. L.W. Schatz. The center's staff consists of 15 professional engineers and scientists, mostly graduates of Humboldt's engineering program. Projects range in size from small local initiatives to multimillion-dollar, government-funded programs.

At the university's Telonicher Marine Lab, SERC produced the nation's first functioning solar hydrogen/fuel cell system to power the lab's fish tank air compressor. For the City of Palm Desert, SERC designed, fabricated, and installed fuel-cell power systems for a fleet of vehicles along with the nation's largest solar hydrogen generation and dispensing station, capable of refueling the Palm Desert fleet.

Other projects include creating portable fuel-cell systems for remote power (for a Yurok tribal telecommunications repeater site, for instance, and for residential applications in Alaska) and a wide range of educational projects.

Evolutionary Anthropology Research.

The Humboldt Center for Evolutionary Anthropology (HCEA) offers opportunities for undergraduates to engage in research and learn methods in applied biological anthropology by working closely with faculty and other researchers. Research projects at HCEA focus on a variety of topics that are relevant to the understanding of human evolution, primate behavior, and conservation including studies in evolutionary medicine, bioacoustics, genetics, evolutionary epidemiology and evolutionary processes, such as genetic drift and speciation. Additionally, HCEA offers state of the art technology for skeletal morphology and primate vocalization analysis projects. Faculty in HCEA are actively involved in working with local law enforcement agencies by assisting in the processing of forensic anthropology cases. Student research through HCEA is presented at national conferences, in publications, and through community outreach projects.

Fish Hatchery. Humboldt is one of the few universities with an on-campus fish hatchery. The hatchery recirculates 900 gallons of water each minute. Fish-rearing facilities include an earthen brood pond, concrete raceways, circular ponds, fiberglass circular tanks, and hatching troughs. Students rear trout from the egg through to brood stock. Grown fish are used for classroom instruction and research by both undergraduate and graduate students.

Fish and Wildlife Research Unit. The only one of its kind in the state, the California Cooperative Fish and Wildlife Research Unit conducts research on fish and wildlife in their habitats in response to state, regional, and national trends. The Unit supports graduate students who work on fisheries and wildlife problems as part of their degree and provides research opportunities to undergraduate students. The Unit is a cooperative effort of the university, the California Department

of Fish and Game, the U.S. Fish and Wildlife Service, Wildlife Management Institute, and the U.S. Geological Survey. To learn more, visit the Unit at Wildlife & Fisheries Bldg., Room 212 or call 707-826-3268.

Forests, University. Humboldt State has two forests dedicated to the educational and research needs of the students and faculty.

The **L.W. Schatz Demonstration Tree Farm** was donated to the university (along with an endowment) as a classroom and laboratory. In this 385-acre mixed-species forest, about 25 miles east of campus, research focuses on the needs of the small landowner.

The **Freshwater Forest**, a coastal conifer forest owned by Humboldt Redwood Company, is used as a teaching facility through the generosity of the owner. The 300-acre tract, seven miles south of campus, is excellent for studying local conifers.

Game Pens. Students receive firsthand experience with wildlife at the campus game pens. The facility features a huge flight cage where animals move with much freedom. It also has waterfowl ponds and several large holding pens.

Gravitational Research Laboratory. The Gravitational Research Lab provides physics majors with hands-on research experience testing fundamental properties of gravity and Einstein's General Theory of Relativity. Through application of the skills and methods studied in the undergraduate Physics & Astronomy curriculum students gain valuable skills in experimental apparatus design, construction and characterization, as well as data analysis and presentation. The methods and results of the laboratory's research are of wide interest to researchers in many areas of experimental and theoretical physics and astronomy. Students regularly author peer-reviewed papers and give oral presentations at national conferences such as the National Conference on Undergraduate Research (NCUR) and meetings of the American Physical Society (APS). The research skills developed in the laboratory also provide the Physics & Astronomy graduates with the necessary background to successfully secure graduate school and industrial positions.

Human Performance Laboratory. Humboldt's laboratory is a resource center for those wanting a baseline assessment of their health. The lab also serves as a training facility for exercise science students to develop skills in testing and promoting an active lifestyle.

From athletes with an Olympic fitness agenda to persons with special conditions (e.g. arthritis, asthma, heart problems, pregnancy), everyone can benefit from the laboratory's resources: dietary analysis, body composition testing, aerobic fitness testing, exercise prescriptions, and specialized exercise programs are available to both the campus and surrounding community. The lab actively educates both graduate and undergraduate students through hands-on experience in the basic and applied aspects of exercise and how to properly prepare for careers in this field. State-of-the-art equipment advances graduate research and puts Humboldt on the map in human performance technology.

Library. See "University Library."

Marine Laboratory. In the coastal town of Trinidad, 11 miles north of campus, students in fisheries biology, oceanography, geology, and the biological sciences take classes and conduct research at the Telonicher Marine Laboratory. The lab includes a circulating seawater system, lecture rooms, several research labs, a computer lab, and various kinds of microscopes and instrumentation for faculty and student use. Nearby Trinidad and Humboldt Bays and the Pacific Ocean provide rocky and sandy intertidal and subtidal habitats for further study.

The lab is open for visitors from 9:00 A.M. to 4:30 P.M. during the week and from noon to 4:00 P.M. on weekends when HSU is in session. Local fishes and invertebrates are on display, and there is a simulated tide pool area containing invertebrates that may be touched. For more information, call 707-826-3671. To schedule group tours, call the Marine Naturalist at 707-826-3689.

Marine Wildlife Care Center. The center operates both as a training complex for students in the wildlife program and as a regional rescue center for marine birds injured as a result of oceanic oil spills. The 4,500 square-foot facility serves the coastal region from Point Arena to the Oregon border.

Music Ensemble Library. The music ensemble library houses over 14,000 titles, including roughly 1,000 pieces each for orchestra, symphonic band, jazz ensemble, and mixed chorus. In addition, there are two separate collections of chamber music, one owned by HSU and one co-owned by the Humboldt Chamber Music Workshops, that have been serviced by the library for over 50 years. These combined collections number over 8,700 and include most standard chamber music works as well as many non-standard and/or out-of-print works which are difficult to obtain elsewhere.

Natural History Collections. Humboldt State maintains some of the most important collections of plants and animals in the Pacific Northwest. Most of these collections are the only ones of their kind between central California and northern Oregon. Each collection is available to qualified undergraduate and graduate students:

The **University Herbarium**, largest in the CSU system, contains over 190,000 specimens of algae, fungi, mosses, ferns, gymnosperms, and flowering plants. It stores reprints, monographs, and floras.

The **Forestry and Range Herbarium** is national in scope and supports the instructional programs in those areas.

The **Marine Invertebrates Collection** focuses on invertebrates from central to northern California. Approximately 1,000 species are represented by over 5,000 specimens.

The **Fisheries Collection**, largest in the CSU and fourth largest in California, contains approximately 46,000 specimens. The focus is on the freshwater and marine fishes of the Pacific Northwest, but it also has representatives of groups worldwide.

The **Wildlife Museum** is the primary regional repository for birds. It contains about 14,000 specimens, including birds, nests and eggs, and mammals. Its scope is worldwide and includes specimens collected in the late 1800s and extinct, rare, and endangered species.

The **Vertebrate Museum** houses approximately 8,000 mammal specimens with worldwide representation. Additionally, about 1,500 amphibian and reptile specimens are maintained. The mammal collection is accredited by the American Society of Mammalogists and the museum is part of the federal Marine Mammal Stranding Network.

Observatory. Astronomy students venture up Fickle Hill in Arcata to use the university observatory. It is located only 10 miles from campus but over 2,000 feet above sea level. Far from city lights, the site has two observatory buildings, housing two 14-inch telescopes and six 8-inch telescopes. Students go far beyond textbook photos in observing stars, planets, and galaxies.

Seagoing Vessels. Biology, fisheries, geology, oceanography, and wildlife classes use the university's 90-foot, 143-ton research vessel, the *Coral Sea*, for field trips to support both undergraduate/graduate instruction

and advanced undergraduate and graduate research. Besides the *Coral Sea*, a number of smaller watercraft are used for instructional and research purposes.

Wildlife Refuge. The Wright Wildlife Refuge is a 5.5 acre parcel on the eastern edge of Eureka, jointly managed by the Humboldt Area Foundation and the Wildlife Department. Ms. Wright's endowment supports wildlife management, research, and education on the refuge. The area provides many opportunities for independent research by Humboldt State students. Students also participate in a bird-banding program ongoing on the site.

Study Abroad Programs

There are many opportunities for students at Humboldt State University to study abroad for a year, a semester, or the summer and receive academic credit. Students are advised to attend one of the informational meetings held throughout the year where they can learn about the various programs available to them. For information, contact Penelope Shaw at 707-826-3942 or pjs25@humboldt.edu, or visit the website at www.humboldt.edu/goabroad. The Study Abroad Office is located in the HSU International Center, Siemens Hall 129.

California State University International Programs. Developing intercultural communication skills and international understanding among its students is a vital mission of The California State University (CSU). Since its inception in 1963, the CSU International Programs has contributed to this effort by providing qualified students an affordable opportunity to continue their studies abroad for a full academic year. More than 20,000 CSU students have taken advantage of this unique study option.

International Programs participants earn resident academic credit at their CSU campuses while they pursue full-time study at a host university or special study center abroad. The International Programs serves the needs of students in over 100 designated academic majors. Affiliated with more than 50 recognized universities and institutions of higher education in 18 countries, the International Programs also offers a wide selection of study locales and learning environments.

Australia: Griffith University, Macquarie University, Queensland University of Technology, University of Queensland, University of Western Sydney, Victoria University

Canada: Concordia University (Montréal)

Chile: Pontificia Universidad Católica de Chile (Santiago)

China: Peking University (Beijing), Shanghai Jiao Tong University (Shanghai)

Denmark: Danish Institute for Study Abroad (international education affiliate of the University of Copenhagen)

France: Institut Catholique de Paris, Université de Provence (Aix-en-Provence), Universités de Paris I, III, IV, VI, VII, VIII, X, XI, XII, XIII, Université Paris-Est Marne-la-Vallée, Université d'Evry Val d'Essonne, and Université de Versailles Saint-Quentin-en-Yvelines

Germany: University of Tübingen and a number of institutions of higher education in the Federal state of Baden-Württemberg

Ghana: University of Ghana, Legon

Israel: Tel Aviv University, The Hebrew University of Jerusalem, University of Haifa

Italy: CSU Study Center (Florence), Università degli Studi di Firenze, Accademia di Belle Arti Firenze

Japan: Waseda University (Tokyo), University of Tsukuba

Korea: Yonsei University (Seoul)

Mexico: Instituto Tecnológico y de Estudios Superiores de Monterrey, Campus Querétaro

South Africa: Nelson Mandela Metropolitan University, Port Elizabeth

Spain: Universidad Complutense de Madrid, Universidad de Granada

Sweden: Uppsala University

Taiwan: National Taiwan University (Taipei), National Tsing Hua University (Hsinchu)

United Kingdom: Bradford University, Bristol University, Hull University, Kingston University, Swansea University

International Programs pays all tuition and administrative costs for participating California resident students to the same extent that such funds would be expended to support similar costs in California. Participants are responsible for all tuition and program fees, personal costs, such as transportation, room and board, and living expenses. Financial aid, with the exception of Federal Work Study, is available to qualified students. International Programs participants expecting financial aid must meet with an advisor in the Financial Aid Office prior to departure.

To qualify for admission to the International Programs, in most programs students must have upper division or graduate standing

at a CSU campus by the time of departure. Students at the sophomore level may, however, participate in the intensive language acquisition programs in Canada, China, France, Germany, Korea, Mexico, Sweden, and Taiwan. California Community Colleges transfer students are eligible to apply directly from their community colleges. Students must also possess a current cumulative grade point average of 2.75 or 3.0, depending on the program for which they apply. Some programs also have language study and/or other coursework prerequisites.

Additional information and application materials may be obtained by visiting the HSU Study Abroad website at www.humboldt.edu/goabroad, or the CSU site at www.cal-state.edu/ip, or by writing to The California State University International Programs, 401 Golden Shore, Sixth Floor, Long Beach, CA 90802-4210.

Support Services

Educational Opportunity Program and Student Support Services (EOP/SSS) provide admissions assistance and academic support for low-income and first-generation college students. Students who do not qualify for admission may be recommended for special admission through EOP. Other students, who meet admissions requirements, but may benefit from additional academic support, may also qualify for EOP/SSS.

Students must complete an EOP application, including letters of recommendation. EOP application forms, available from most high schools and community colleges, must be submitted before a student's first semester at a state university. EOP applicants also must complete an application for admission to the university. Only a limited number can be admitted through EOP, so those with the greatest need for program services are selected.

EOP/SSS offers a **Summer Bridge** for new students. Bridge participants attend a residential program prior to their first semester at Humboldt. Participants complete required placement testing and register for fall semester classes. The costs for room and board, supplies, and a stipend, are covered by the program. All EOP freshmen are eligible for Summer Bridge on a first-come, first-served basis.

Once enrolled, EOP/SSS students receive advising (academic, personal, financial aid), tutoring, learning skills assistance, mentoring, and cultural enrichment activities. Staff also help students prepare for and gain admission to graduate school. Students

who qualify for financial aid may be considered for an EOP grant.

For information or an EOP application, phone 707-826-3778 or fax 707-826-4780.

Native American Support Programs. See "Indian Teacher & Educational Personnel Program" and "Indian Natural Resource, Science, and Engineering Program" in the Academic Programs section.

Student Academic Services Outreach Program. Environmentally and economically disadvantaged students are encouraged to apply to Humboldt State and succeed. The staff recruits within these populations and coordinates outreach activities with other campus offices. It also conducts cultural and educational activities during the academic year. Prospective students may call 707-826-4791.

Testing Center

The Testing Center, located in the Library Basement (Room 24), administers and provides information for a wide variety of tests, including those for college/university admission (undergraduate, graduate, and credential), for course placement, for proficiency, and for vocational interest. (See Admission Information for descriptions of some of the tests.) In addition to standardized tests, accommodated classroom testing for students with disabilities and correspondence tests are administered by appointment. The center also provides electronic scoring for faculty using scannable multiple-choice exams. Call 707-826-3611.

Theatre, Film, and Dance

The Department of Theatre, Film, and Dance presents seasons of mainstage productions, one-act plays, dance programs, and film showings. Students participate in the staging, costuming, production, and performance of plays and concerts.

Humboldt is one of the few universities in the country producing a season (every third year) of new works by American playwrights.

The department also sponsors the annual Humboldt Film Festival, the oldest student-run festival in America (since 1966). It attracts entries from all parts of the world.

Transportation (also see Parking)

Many Humboldt students, living on campus or off, get around without a car. Downtown Arcata, restaurants, shopping centers, health care services, and many apartments are within easy walking distance of the campus.

The university and local governments have encouraged alternatives to cars by establishing bicycle lanes, mass transit, and carpool services. For more information, call 707-826-3773 or email parking@humboldt.edu.

Jack Pass Bus Program. A portion of every student's registration fees subsidizes Humboldt State University's Jack Pass program. This program provides all HSU students, with a current ID card, unlimited free rides on the city's Arcata & Mad River Transit System, the county's Redwood Transit System, and the city of Eureka's Eureka Transit System. Between these three bus systems, a student can ride between the communities of Trinidad, in the north, to Scotia, in the south, and throughout the cities of Arcata and Eureka. Riders may take their bicycles on the Redwood Transit System buses. For details, go to Humboldt Transit Authority's website at www.hta.org.

Bicycles. Bicycles are very popular in Arcata and on campus, where more than 800 bicycle racks are available. The Bicycle Learning Center and the Campus Center for Appropriate Technology periodically offer free bicycle maintenance workshops. The city of Arcata officially encourages bicycling. A bicycle license may be purchased at the Arcata Police Department. Call 707-822-2428.

Car Pools and Ride Sharing. Parking & Commuter Services offers an online carpool matching service to Humboldt State students, staff, and faculty, helping people find others who share their commute. Parking's website at www.humboldt.edu/parking provides access to this service, as well as carpooling tips.

For ride sharing out of the area, a ride board allows drivers and riders to find each other, a service particularly useful during holiday times and weekends. The board, located in the Jolly Giant Commons, has a large map of destinations divided into several regions.

Car-Sharing Program. Humboldt State has partnered with Zipcar to bring two rentable cars to campus. Cars are available on-demand 24/7, to be reserved by the hour or day. For details go to www.humboldt.edu/green/resources/zipcar.php.

Air Travel. Humboldt County has a full-service airport (the Eureka-Arcata Airport) located north of campus in McKinleyville (about a 15-minute drive from campus). United Express is the airline serving this region.

Undeclared Students

Many freshmen and some transfer students begin their studies at Humboldt before they have chosen a major. These exploring students have an excellent opportunity to make progress towards their degree by completing general education and other all-university requirements as they clarify their educational and career goals, and explore various majors.

Undeclared students are assigned advisors from the Advising Center who help students select courses that satisfy general education and all-university requirements while guiding them through the process of selecting an academic program that is right for them.

The Career Center offers career counseling and several workshops aimed at helping undeclared students discover their academic and career goals, and the Advising and Career Center staff collaborate on a course designed to help students arrive at a timely and well-considered decision. Students are expected to declare a major by the time they have earned 45 units.

University Center

The University Center (UC) is the student union on campus and the heart of student activities and services. The 54,000 square-foot building is located at the foot of Founders Hall. The UC has conference rooms, two lounges, and two multipurpose rooms available for use by the university community.

Campus services located in the building include the University Center Ticket Office, Information Counter, the HSU Bookstore, dining facilities, and copy services. The UC also houses the offices of Associated Students, Center Activities, CenterArts, Clubs, and the University Center Administration.

Log onto the University Center website at www.humboldt.edu/uc for more information.

University Library

Information Resources & Collections. The 109,000 square foot Library houses approximately 496,000 volumes in its main book collection, and subscribes to over 900 print periodicals and newspapers. The Library also provides access to more than 45,000 full-text e-journals and e-newspapers, and 52,800 e-books, all of which are available 24/7 to students, faculty, and staff via the world wide web.

In addition to the main book collection, the Library maintains several specialized collections, including the Periodicals Collection, the Children's Literature Collection, the Map Collection, and the Archives. As a depository for United States federal and California state documents, the Library houses over 426,000 government publications in its Documents Collection. Unique to the HSU campus is the Humboldt Room — a collection of material about the natural and cultural history of Humboldt County.

If a needed information resource is not available locally, the Library's interlibrary loan service will acquire it from another library upon request.

Research & Instructional Services. Librarians offer in-person, online, and telephone reference assistance, and provide instruction in locating, retrieving, organizing, evaluating, and communicating information. They offer both formal and informal classes addressing basic library research skills. Research assistance is available to the campus community around the clock.

Online & Other Resources. The Library's webpage (library.humboldt.edu) provides a portal for accessing the Library's digital resources, including the HSU Library Catalog, 160 information databases, the Journal and Newspaper Finder, the online catalogs for other academic libraries, and much more. In addition to serving as a finding aid to holdings in the various Library collections, the HSU Library Catalog provides access to full-text electronic course reserve readings which are available through ONCORES (the Library's Online Course Reserve System).

Within the Library, students have access to 56 Library-owned computer workstations for study and research. Another 81 machines are available in three Information Technology Services computer labs also located in the building. The entire Library has wireless internet access for those using a personal laptop or handheld device.

Group study rooms, most with multimedia viewing equipment, are available for student use on all three floors of the Library. The popular Library Café offers an array of snacks and beverages to sustain Library users.

Library Media. In the Media Resources Area, the Library offers a variety of resources, including the Video Collection, the Compact Disc Collection, and the Microform Collection, to support instruction and research in many academic areas. Students can either check out these resources, or use the equipment available in that area.

University Ticket Office

The University Ticket Office, located in the University Center, provides ticketing services for all CenterArts and HSU Music and Theatre Department productions. The University Ticket Office also provides copy services. Call 707-826-3928 for more information.

Veterans Enrollment & Transition Services (VETS)

Student veterans and staff at Humboldt State University are committed to the academic success and career goals of our veterans. Located in the Lower Library, Room 58, we offer facilities in which to meet other veterans, study, and access our resource library and other resources specifically for veterans. VETS processes enrollment certifications for the Montgomery GI Bill and provides application assistance for veterans benefits and the California Department of Veterans Affairs fee waiver. Information about veterans educational program planning, tutorial services, military credit evaluation, and the VA work-study program is also available. We have on-campus representatives from the local Veteran Center, California's Employment Development Department, and county Veterans Service Office to assist with transitional counseling, career counseling, and claims processing. All veterans are invited to join our Student Veterans Association and become an integral part of Humboldt State's student life and the Veteran's community. You can find us online at www.humboldt.edu/veterans or by calling 707-826-6272.

Women's Center

Located in House 55, the Women's Center offers support groups, educational activities, and resource materials. The center sponsors workshops, speakers, films, concerts, and other events to promote an awareness of the roles, achievements, and concerns of women.