

Nursing

Passing grade for all nursing courses is C.

LOWER DIVISION

NURS 260. Holistic Health Assessment (2) FS. Introduction to beginning assessment skills, including general and focused use of holistic health assessment. Guided by the nursing process, students use basic medical terminology and therapeutic communication skills to recognize both health and illness in adults of all ages. [Prereq: official departmental notification of acceptance into nursing major. Coreq: NURS 262 and NURS 268. Weekly: 3 hrs lab.]

NURS 262. Foundations of Professional Nursing (3) FS. Introduces beginning nursing students to the basic concepts of professional nursing. These concepts include nursing theory, nursing process, and holistic nursing. Students are encouraged to think critically, make reasonable decisions, and be thoughtful consumers of health information and nursing research. [Prereq: official departmental notification of acceptance into pre-nursing or nursing major. Coreq: NURS 268. Weekly: 3 hrs lect.]

NURS 268. Clinical Nursing I: Foundations in Adult Health & Illness (5) F. Introduces students to basic theory and technical skills necessary for nursing interventions across the adult lifespan. Students are guided through holistic practice and mastery of nursing skills necessary to assist adult clients in meeting physiological, socio-cultural and psychosocial needs. [Coreq: NURS 260 and NURS 262. Rep once. Weekly: 2 hrs lect, 9 hrs clinical lab.]

NURS 280. Special Topics in Nursing (1-7). Special topics course to be special areas of interest on one-time basis.

NURS 299. Supplementary Work in Lower Division Nursing (1-10). Directed theoretical study. Limited to those needing a portion of a required lower division course. [Rep once. Prereq: DA.]

UPPER DIVISION

NURS 306. Pathophysiology & Pharmacotherapeutics in Health Care (4) FS. Pharmacologic applications and concepts of physiological and biological alterations in body structures/functions. Diseases common to adult clients and their drug treatment are emphasized. Builds on knowledge of human structure and function, discussing deviations from the norm which threaten homeostasis. [Prereq: NURS 260, NURS 262, ZOOL 214 with a grade of C or better. Coreq: NURS 368 (nursing majors only). Nonmajors may take CR/NC. GE.]

NURS 353*. Applying Concepts: Adult Health Nursing (8). Application of concepts from NURS 357 to the adult and elderly populations. Independent Study. [Prereq: admission to RN Bridge program. Coreq: NURS 357 and NURS 358. Rep once.]

NURS 354*. Applying Concepts: Mental Health Nursing (4). Application of concepts from NURS 357 and NURS 358 to the client with mental health issues. Independent Study. [Prereq: admission to RN Bridge program. Coreq: NURS 357 and NURS 358. Rep once.]

NURS 355*. Applying Concepts: Mat/Child Nursing (8). Application of concepts from NURS 357 and NURS 358 to children and child-bearing women. Independent Study. [Prereq: admission to RN Bridge program. Coreq: NURS 357 and NURS 358. Rep once.]

NURS 357*. Concepts in Professional Nursing I (3). Provides the returning RN student with the opportunity to review and explore today's nursing practice in the light of ever-changing thought and technology. Introduces HSU nursing curriculum and philosophy. [Prereq: admission to RN Bridge program. May be taken concurrently with NURS 358. Rep once.]

NURS 358*. Bridging Concepts for the RN (3). This course introduces the modeling and role-modeling nursing theory and is built around related concepts facilitating the transition of the RN from current knowledge levels to the baccalaureate nursing curriculum. [Prereq: admission to RN Bridge program and NURS 357 (C). Rep once.]

NURS 359*. Applications & Trends in Clinical Care for the RN (3). Provides returning RN with opportunity to explore today's clinical nursing practice through selected "hot topic" trends: holistic nursing, environmental concerns, the rise of global infection, new theories of heart disease, autoimmunity, and other medical breakthroughs. Evidence-based practice is emphasized. [Prereq: NURS 353, NURS 354, NURS 355, NURS 357, NURS 358, NURS 465 (C).]

NURS 368. Clinical Nursing II: Critical Thinking in Adult Health & Illness (7) FS. Focuses on independent and collaborative nursing interventions related to nursing process with adult clients of all ages in acute and chronic care settings. Nursing roles are emphasized: communicator, problem solver, facilitator/nurturer, teacher, manager, and member of the profession. [Prereq: NURS 260, NURS 262, NURS 268. Coreq: NURS 306. Weekly: 3 hrs lect, 12 hrs lab.]

NURS 372. Psychiatric-Mental Health Nursing (4) FS. Specialty course establishes and uses firm psychiatric theory base, the nursing process, and modeling/role-modeling concepts with clients experiencing acute and chronic mental disorders. Emphasis is on understanding psychopathology and therapeutic use of self with mentally ill clients in various settings. [Prereq: NURS 306, NURS 368, PSYC 311. Coreq: NURS 374. Weekly: 2 hrs lect, 6 hrs lab.]

NURS 374. Maternal/Child/Family Nursing (8) FS. Intro to client population of childbearing women and children from neonates through adolescents. Current family and nursing theory is integrated into the nursing process and the role of the nurse in both acute care and community family settings. [Prereq: NURS 306, NURS 368, PSYC 311, HED 231. Coreq: NURS 372. Weekly: 4 hrs lect, 12 hrs lab.]

NURS 380. Special Topics in Nursing (1-7). Special topics course to be special areas of interest on one-time basis.

NURS 396*. Transcultural Nursing (1-3). Conceptual framework of transcultural nursing and its application. Offered as extended field course outside Humboldt County.

NURS 396L*. Transcultural Nursing Lab (1-6). [Prereq: NURS 396 (C).]

NURS 399. Supplementary Work in Upper Division Nursing (1-10). Directed theoretical study. Limited to those needing a portion of a required upper division course. [Prereq: DA. Rep once.]

NURS 400. Stress Management—Wellness & Illness (3). Wellness and specific illnesses in context of known stress factors. Modes of stress reduction. [Prereq: junior standing. GE.]

NURS 400B. Complementary & Alternative Health Care: a Research-Based Approach (3). Critical thinking approach enmeshed in holism. Principles of self-care and advocacy. [GE.]

NURS 460*. Clinical Application of Health Assessment (2). Build on assessment skills to delineate common variances of normal and detect abnormal and potentially abnormal findings in adults/children. [Prereq: IA. Weekly: 1 hr lect, 1 hr activ. Rep once.]

NURS 462. Community as Client & Public Health Nursing (6) FS. Intro to public health science in nursing and the development of clinical competencies for contemporary holistic population focused nursing practice. Course completion allows the RNs with CA licensure to apply for CA Public Health Nurse Certification. [Prereq: NURS 358, NURS 372 or NURS 357, NURS 374. Coreq: NURS 468. Weekly: 3 hrs lect, 9 hrs lab.]

NURS 465*. Leadership & Management for the RN (4). This course focuses on the RN as leader, coordinator, and manager of nursing care. Facilitation, decision-making, problem-solving, communication skill and strategic planning are emphasized as we explore the role of the RN as change agent. Organizational and group dynamics, performance improvement, basic personnel management, and delegation skill is introduced. [Prereq: NURS 353, NURS 354, NURS 355, NURS 357, NURS 358, NURS 359 (C).]

NURS 468. Clinical Nursing III: Analysis of Adults with Complex Needs (6) FS. Focuses on independent and collaborative nursing process within the holistic framework of Modeling and Role-Modeling while caring for the adult client with complex acute needs. The roles of nursing are emphasized: communicator, critical thinker, teacher, advocate, facilitator/nurturer, leader-manager, and member of the profession. [Prereq: NURS 368, NURS 372, NURS 374. Coreq: NURS 462. Rep once. Weekly: 3 hrs lect, 9 hrs lab.]

NURS 470. Leadership & Professional Nursing Practice (3) FS. Nurse as leader/coordinator/manager of nursing care. Leadership, holistic care management, and decision making are primary foci of the course. The role of manager of nursing care and coordinator of health care is examined in detail. Prepares students to assume a beginning role in professional nursing. [Prereq: NURS 462 and NURS 468. Coreq: NURS 472. Weekly: 3 hrs lect.]

NURS 472. Senior Clinical Capstone (4) FS. Promotes synthesis of the theoretical and clinical foundations introduced throughout the major. The senior cumulating clinical experience prepares baccalaureate graduates in their area of interest. Students are placed in a precepted experience that facilitates independent practice. [Prereq: NURS 462 and NURS 468. Coreq: NURS 470. Rep once. Weekly: 12 hrs lab.]

NURS 480. Special Topics in Nursing (1-7). Special topics course to be special areas of interest on one-time basis.

NURS 495. Introduction of Research & Scholarship for Professional Nursing Practice (3) FS. Introduces students to application of nursing research for evidence based practice. Course focus is on accessing and analyzing current nursing research literature to enable the professional nurse to apply research to current practice and issues. Beginning with the basics of research, the student becomes a critical consumer of professional nursing research. [Prereq: NURS 268.]

NURS 496*. Nursing Outcomes Assessment (1) S. Capstone and nursing outcomes assessment. Test knowledge of professional nursing, competencies in nursing practices, and critical thinking skills. Discuss issues related to scope of practice, emerging roles, and future of nursing. [Prereq: NURS 462. CR/NC.]

NURS 499. Directed Study (1-7). Individual study of select theories. [Prereq: IA.]