

# CHILD DEVELOPMENT [LIBERAL STUDIES]

**Bachelor of Arts degree  
with a major in Liberal Studies —  
concentration in Child Development**

**Minor in Early Childhood Development**

**Minor in Family Studies** (see Family Studies)

**Minor in American Sign Language and Special Populations** (see American Sign Language & Special Populations)

## Department Chair

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## The Program

Students completing this program will have demonstrated:

- description of the principles and patterns of growth and development in the cognitive, physical and motor, communicative, emotional, and social domains
- critical evaluation of literature germane to child development (theories, research, historical viewpoints, current viewpoints, contemporary trends, assumptions, practices)
- identification and evaluation of the variety of factors that influence children's development (personal, familial, social)
- knowledge about child development related professions (services, common foundation, opportunities for collaboration)
- practical skills in working with children (assessment instruments, guidance approaches)
- skills required of professionals in the field (interpersonal communication, collaboration, reflection, ethics, personal decision making, advocacy, writing, presenting, and using information technology).

This major focuses on the ever-growing body of knowledge about children and its applications. This interdisciplinary major provides a holistic approach to the study of children, from birth to age 18, and provides the basis for a variety of careers. These include: preschool or elementary teacher; after-school program leader; child abuse prevention worker; civilian employee for military base family/child services; consultant for employer-sponsored child/family program; early childhood special education teacher; home visitor for at-risk families; infant/toddler intervention worker; licensing representative; parent educator;

Peace Corps/AmeriCorps volunteer; public policy advocate; recreation leader; researcher; resource and referral coordinator; social worker; special education teacher; youth services coordinator; university professor.

Humboldt's program is unique among the child development programs in the CSU system in that:

- core courses (which all students take) give cohesive and comprehensive attention to children's development and socialization;
- an on-campus practicum is required;
- additional practicums with children or families are available in the emphasis areas;
- coursework beyond the core is based on the student's own identified special interests.

In core courses students learn basic principles and theories of child development as well as practices that support children and families. Students also select one of the following three emphases: Teaching, Child and Family Services, or Specialized Studies emphasis. Within the first two emphases, students select specialization areas while the Specialized Studies is individually designed between student and advisor. For a simplified visual summary of the CD emphasis, go to the Child Development website at [www.humboldt.edu/cdblog](http://www.humboldt.edu/cdblog).

## Preparation

High school students should take courses in history, political science, English, and speech.

## REQUIREMENTS FOR THE MAJOR

*For a description of degree requirements to be fulfilled in addition to those listed below for the major, please see "The Bachelor's Degree" section of the catalog, pp. 66-80. The Upper Division Area D General Education requirement is met by the coursework within Liberal Studies: Child Development major.*

**58-59 units are required depending on the emphasis selected:**

- **Core for all emphases (34 units), plus one of the following:**
  - **Teaching (24 - 25 units)**
  - **Child & Family Services (24 units)**
  - **Specialized Studies (24 units)**

Students must earn a minimum grade of C- in all courses required for the major — core, emphasis, and specialization. It is recommended that students view our website for major requirements clarification: [www.humboldt.edu/cdblog](http://www.humboldt.edu/cdblog).

## Core Courses (34 units)

The core courses are required of all students and should be taken in the order listed below. (There may be scheduling problems that delay graduation if 200- and 300-level courses are postponed.)

- **One** course from the following four courses. (Selected in consultation with CD advisor.)

CD 253	(3) Prenatal & Infant Development
CD 255	(3) Early Childhood Development
CD 256	(3) Middle Childhood Development
PSYC 414	(3) Psychology of Adolescence & Young Adulthood

## Plus:

CD 211	(3) Perspectives: Professional Development, <b>or</b>
CD 211S	(3) Perspectives: Professional Development
CD 257	(4) Supervised Work with Children I
CD 310*	(3) Perspectives: History & Theory, <b>or</b>
AIE 330*	(3) History of Indian Education
CD 350	(3) Perspectives: Life-Span Development
CD 354	(3) Methods of Observation
CD 355	(3) Language Development, <b>or</b>
COMM 422	(4) Children's Communication Development
CD 366	(3) Exceptional Children & Their Families
CD 467*	(3) Working with Culturally Diverse Families, <b>or</b>
CD 467S*	(3) Working with Culturally Diverse Families, <b>or</b>
AIE 335*	(3) Social & Cultural Considerations
CD 469	(3) Contemporary Issues in Child Development
CD 479	(3) Policy Analysis & Advocacy

\* Satisfies diversity/common ground and/or GE requirements.

\*\* Counts for upper division Area B GE.

**Emphases** (24-25 units): **Select one from the following:**

**Teaching Emphasis** (24-25 units including emphasis & specialization areas)

**Required Courses**

- CD 356 (3) Curriculum Development for Early Childhood
- CD 357 (3) Early Literacy
- CD 358 (3) Supervised Work with Children II
- CD 446/CD 546 (3) Structure & Content of Children's Thinking
- CD 482 (1-4) Directed Field Experience /Internship

**Select one of three specialization areas.**

**1. Early Childhood Education & Care**

- CD 255 (3) Early Childhood Development (required in CD core)
  - CD 251 (3) Children, Families and Their Communities
  - CD 352\* (3) Parent/Child Relationships
- and **one** course from:
- CD 362 (3) Children and Stress, **or**
  - CD 463 (3) Administration of Early Childhood Programs, **or**
  - CD 464 (3) Atypical Child Development

**NOTE:** Students completing the above specialization qualify to apply for the California Commission on Teacher Credentialing Child Development Permit at the Site Supervisor level. To move to the Program Director level of the permit, students must complete both CD 461 and CD 463 (or equivalent courses) and an additional 3-unit program administration course. In addition, they need at least one year of documented experience as a Site Supervisor.

**2. Elementary Education**

- CD 256 (3) Middle Childhood Development (in core)
- MATH 308B (3) & MATH 308C\*\* (3) Mathematics for Elementary Education
- SCI 331 (3) Fundamental Concepts in Science Education
- KINS 475 (3) Elementary School Physical Education
- ART 358 (3) Art Structure

**NOTE:** Students completing the above specialization qualify to apply for the California Commission on Teacher Credentialing Child Development Permit at the Site Supervisor level with a School Age emphasis. Students are also well prepared for Elementary Education Credential programs to become elementary school teachers.

For information about a specific California Teacher Credentialing Subject Matter program, see separate information on the Child Development/Elementary Education Program.

**3. Special Education/Early Intervention**

- One** of the following three courses:
- CD 253 (3) Prenatal and Infant Development
  - CD 255 (3) Early Childhood Development
  - CD 256 (3) Middle Childhood Development

**plus:**  
CD 352\* (3) Parent/Child Relationships

**and 6 units from:**

- CD 109Y (3) American Sign Language I, **or**
- CD 109Z\* (3) American Sign Language II
- CD 362 (3) Children and Stress
- CD 464 (3) Atypical Child Development
- PSYC 418 (3) Developmental Psychopathology

**Child & Family Services Emphasis**

(24 units including emphasis & specialization)

Take the two following courses plus one emphasis area and one specialization area.

- CD 251 (3) Children, Families and Their Communities
- CD 352\* (3) Parent/Child Relationships

Choose 9 units from one discipline in consultation with advisor.)

*Child Development*

- CD 358 (4) Supervised Work with Children II
- CD 362 (3) Children and Stress
- CD 464 (3) Atypical Child Development
- CD 482 (1-4) Directed Field Experience /Internship

*Psychology*

- PSYC 321 (3) Intro Behavioral Neuroscience (Prereq: PSYC 104)
- PSYC 324 (3) Cognitive Psychology (Prereq: PSYC 104)
- PSYC 337 (3) Personality Theory and Research (Prereq: PSYC 104)
- PSYC 418 (3) Developmental Psychopathology
- PSYC 436 (3) Human Sexuality
- PSYC 454 (3) Interviewing and Counseling Techniques
- PSYC 473 (3) Substance Use & Abuse

*Social Work*

- SW 104\* (3) Introduction to Social Work & Social Work Institutions

- SW 340 (3) Social Work Methods I
- SW 341 (3) Social Work Methods II
- SW 431 (4) Juvenile Delinquency
- SW 442 (3) Advanced Social Work Methods

SW 480 (.5-4) Special Topics (Must be child and family related and approved by a Child Development advisor.)

*Sociology*

- SOC 303\* (3) Race and Inequality
- SOC 305 (3) Modern World Systems
- SOC 306\* (3) The Changing Family
- SOC 308 (3) Sociology of Altruism & Compassion
- SOC 330 (4) Social Deviance
- CRIM 431 (4) Juvenile Delinquency

▪ **Specialization Areas** (Choose 9 units from one area.)

*American Indian Communities*

- AIE 335\* (3) Social and Cultural Considerations
- AIE 340\* (3) Educational Experiences
- AIE 380 (.5-3) Special Topics
- NAS 306\* (3) Indigenous Peoples of the Americas
- NAS 340 (3) Language & Communication in Native American Communities
- NAS 361 (3) Tribal Sovereignty, Tribal Citizens

*Diversity*

- ES 105\* (3) Introduction to US Ethnic Studies
- ES 308\* (3) Multi-Ethnic Resistance in the US
- ES 326 (4) Media & the Politics of Representation
- CRGS 360 (3) Race, Gender & US Law

Plus 3-6 units in Ethnic Studies, AIE, or Native American Studies relating to a specific ethnic group.

*Family Intervention*

- SW 340 (3) Social Work Methods I
- SW 341 (3) Social Work Methods II
- SW 480 (.5-4) Special Topics in Family Violence
- PSYC 454 (3) Interviewing and Counseling Techniques

*Language*

- 3-6 units of a modern language other than English
- COMM 322 (4) Intercultural Comm.

\* Satisfies diversity/common ground and/or GE requirements.

\*\* Counts for upper division Area B GE.

ENGL 328	(4) Structure of American English
ENGL 417	(3) Second Language Acquisition
NAS 340	(3) Lang. & Comm. in Native American Communities

#### Program Administration

BA 110	(3) Introduction to Business
BA 210	(4) Legal Environment of Business
BA 250	(4) Financial Accounting
BA 310	(4) Business Law
BA 340	(4) Principles of Marketing
BA 360	(4) Principles of Finance
BA 370	(4) Principles of Management
CD 463	(3) Administration of Early Childhood Programs

#### Recreational Programming

REC 200	(3) Leisure in Society
REC 210	(3) Recreation Leadership
REC 302	(3) Inclusive Recreation
REC 320	(3) Organization, Administration & Facility Planning
REC 330	(3) Adventure Theory & Practice
REC 345	(3) Environmental Education
REC 420	(3) Legal & Financial Aspects

#### Special Populations

CD 109Y	(3) American Sign Language I
CD 109Z*	(3) American Sign Language II
CD 362	(3) Children and Stress
CD 464	(3) Atypical Child Development
PSYC 418	(3) Developmental Psychopathology

#### Specialized Studies Emphasis (24 units total)

This emphasis is individually designed for students who require specialized preparation and/or post-graduate studies (e.g. child life specialist). Students select 21 units in consultation with their advisor. The program must include:

CD 482	(1-4) Directed Field Experience/ Internship, <b>or</b>
CD 499	(1-4) Directed Study

Plus 21 units that provide:

- a strong disciplinary perspective,
- a clear theme with regard to practices with children and families, and
- any known prerequisites for anticipated graduate work.

This emphasis is typically used by students who have very specific career goals such as child life specialist, speech pathologist, infant/family/early childhood mental health, or family life educator.

### Early Childhood CAP Transfer

The Early Childhood CAP (Curriculum Alignment Project) transfer emphasis is designed for students who have completed a CA Curriculum Alignment Project (CAP) approved, 24-unit early childhood transfer package at a California community college. Such students should follow the plan of study below to complete the child development major at Humboldt State within two years of full-time study if lower division education coursework is also complete.

#### CAP Transfer Requirements

##### Required Courses (27-28 units)

CD 211	(3) Perspectives: Professional Development, <b>or</b>
CD 211S	(3) Perspectives: Professional Development
CD 350	(3) Perspectives: Life-Span Development
CD 310	(3) Perspectives: History & Theory
CD 354	(3) Methods of Observation
CD 355	(3) Language Development, <b>or</b>
COMM 422	(4) Children's Communication Development
CD 366	(3) Exceptional Children & Their Families
CD 467*	(3) Working with Culturally Diverse Families, <b>or</b>
CD 467S*	(3) Working with Culturally Diverse Families, <b>or</b>
CD 465	(2-3) Parents in Partnership
CD 469	(3) Contemporary Issues in Child Development
CD 479	(3) Policy Analysis & Advocacy

##### Emphasis and Specialization (8 units)

CD 358	(4) Supervised Work with Children II
CD 482	(1-4) Directed Field Experience / Internship
CD 499	(1) Family Theory

##### CAP-Approved Transfer Package (24 units)

Includes one growth and development course and first practicum, as well as curriculum; principles and practices of teaching young children; child, family, and community; child health, safety, and nutrition; teaching in a diverse society; observation and assessment.

\* Satisfies diversity/common ground and/or GE requirements.

\*\* Counts for upper division Area B GE.

### REQUIREMENTS FOR THE MINORS

#### Early Childhood Development

This minor provides a background in the development of children from birth through age eight with a focus on four interrelated areas. The minor is useful to those wishing to work with children and families. Students must complete courses in the following areas:

##### Growth & Development (complete two):

CD 253	(3) Prenatal & Infant Development
CD 255	(3) Early Childhood Development
CD 350	(3) Perspectives: Life-Span Development

Completion of one of the above courses is a prerequisite to all other courses in the minor.

##### Guidance & Discipline: (complete one):

CD 257	(4) Supervised Work with Children I
CD 354	(3) Methods of Observation

##### Special Needs of Children (complete one):

CD 362	(3) Children & Stress
CD 366	(3) Exceptional Children & Their Families
CD 464	(3) Atypical Child Development

##### Family Relations (complete one):

CD 251	(3) Children, Families and Their Communities
CD 352*	(3) Parent/Child Relations
CD 467*	(3) Working with Culturally Diverse Families

#### Child Development Permit

Students who minor in early childhood development may wish to explore requirements for the Child Development Permit, issued by the California Commission on Teacher Credentialing and required for teaching preschool children in state and federally funded programs in California. For permit eligibility and application procedures visit the Child Development Training Consortium's website at [www.childdevelopment.org](http://www.childdevelopment.org) or the California Commission on Teacher Credentialing website at [www.ctc.ca.gov/credentials/CREDS/child-dev-permits.html](http://www.ctc.ca.gov/credentials/CREDS/child-dev-permits.html).

